

Striders Women Take 2nd at 2021 USATF Nationals Championships

A small (but mighty) group of eight Striders women captured second place at the USATF 2021 National Championships in Ames, Iowa in late July, missing first place by just four points. Their point total was good enough to place fifth overall. The Striders were on the podium 31 times with 15 firsts, nine seconds and seven thirds. Kathy Bergen (W80) led the way with first places in the 100m, 200m, high jump and discus, while Brenda Matthews (W70) and Linda Cohn (W65) each had three first place finishes. Other winners included Jane Barnes (W65 100m), Tina Bowman (W65 long hurdles), Linn Dunton (W60 javelin) and Rita Hanscom (W65 high jump). Karen Maxwell (W60) was also a major contributor with two seconds and two thirds. In addition, the W65 4x100 relay team of Bergen, Matthews, Hanscom and Barnes set an American record. The team was extremely balanced, winning medals in 15 running events, 13 throwing events and eight jumps/pole vault.