

37th Annual SC Striders - 5/23/2009  
Meet of Champions  
Orange Coast College  
Results

Event 1 W29&U 100 Meter Dash

```
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
Finals
  1 Onyepunuka, Jessica    W26 VS Athletics Tra    11.95  -
2.0  3
  2 Davis, Candice        W23 Unattached          12.19  -
2.0  3
  3 Plowden, Amber        W28 VS Athletics Tra    12.36  -
2.0  3
  4 Gabler, Blair         W24 Unattached          13.52  -
2.0  3
  5 Morris, Brittany      W23 Trojan Masters      16.04  -
2.0  3
  6 Quintanilla, Reyna    W24 Unattached          17.01  -
2.0  3
  -- Anthony, Tianga      W20 Trojan Masters      NT     -
2.0  3
```

Event 1 W35 100 Meter Dash

```
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
  1 Birade, Dena          W37 SO Cal              12.79  -
2.0  3
```

Event 1 W40 100 Meter Dash

```
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
  1 Ford-Fowlks, Alyson   W44 Elite Health Tra    16.77  -
2.7  2
```

Event 1 W45 100 Meter Dash

```
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
```

-- Jones-Harris, Kimberly W46 Unattached DNF -  
2.7 2

Event 1 W50 100 Meter Dash

```
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
  1 Brown, Leonora    W51 Elite Health Tra    16.08  -
2.7 2
  2 Hillebrand, Linda W52 Trojan Masters      16.67  -
2.7 2
  3 Selby, Debbie     W52 SC Striders         17.72  -
2.7 2
```

Event 1 W55 100 Meter Dash

```
=====
=====
Name                Age Team                Seed    Finals
Wind
=====
=====
  1 Matthews, Brenda  W59 SC Striders         15.14  -
3.0
  2 Cohn, Linda        W56 SC Striders         16.34  -
3.0
  3 Braxton, Freddie W59 Trojan Masters      20.33  -
3.0
```

Event 2 M29&U 100 Meter Dash

```
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
  1 Black, Daniel      M21 SC Striders         11.76  -
0.4 7
  2 Thornton, Brian   M27 Unattached          12.04  -
0.4 7
```

Event 2 M30 100 Meter Dash

```
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
  1 Spann, Terrance   M34 Unattached          11.55  -
0.4 7
  2 Schapiro, David   M33 Unattached          11.68  -
0.2 6
  3 Watkins, Luqman   M31 Unattached          12.44  -
0.4 7
```

4	Comnesso, Joe	M33 Chino Pumas	12.68	-
0.4	7			
5	Flemmings, Michael	M34 Unattached	12.72	-
0.4	7			

Event 2 M40 100 Meter Dash

```
=====
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
1 Turnage, Felton   M43 Unattached         11.95   -
0.2 6
2 Brito, Renato     M44 Unattached         13.82   -
0.2 6
```

Event 2 M45 100 Meter Dash

```
=====
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
1 Gault, Willie     M49 Unattached         11.08   -
0.4 7
2 Sullivan, Mike    M48 Unattached         11.79   -
0.2 6
```

Event 2 M50 100 Meter Dash

```
=====
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
1 Chinn, James      M50 Sprint Force Ame   12.40   -
1.3 5
2 Duhon, BJ         M50 Unattached         12.42   -
2.9 4
3 Patridge, Joseph  M51 Unattached         12.43   -
1.3 5
4 Williams, Charles M54 Unattached         12.50   -
1.3 5
5 Davis, Mark       M53 Unattached         12.85   -
1.3 5
6 Beck, Wendell     M50 Unattached         13.12   -
2.9 4
7 Crawl, Chip       M54 Unattached         13.32   -
2.9 4
8 Hockersmith, Dave M53 Unattached         13.45   -
2.9 4
9 Mancini, Stephen  M52 Unattached         13.77   -
1.3 5
10 Stone, Ken       M54 SC Striders        14.49   -
1.3 5
```

11	Davison, Jeff	M51	SO Cal	14.64	-
2.9	4				
12	Hecker, Andrew	M54	Unattached	14.65	-
1.3	5				
13	Papazian, Nick	M53	SO Cal	14.83	-
1.3	5				
14	Bridges, Duane	M50	Unattached	14.87	-
2.9	4				

Event 2 M55 100 Meter Dash

```
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
  1 Leake, Damien    M56 SC Striders        12.55   -
2.9  4
  2 Bolling, Ron     M57 Unattached         13.73   -
1.3  5
  3 Stucki, Ernie    M59 SC Striders        13.80   -
2.9  4
  4 Herzberg, Lyndon M55 Unattached         15.04   -
2.9  4
```

Event 2 M60 100 Meter Dash

```
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
  1 Melendez, Steve  M60 SC Striders        13.67   -
1.9  3
  2 Jacobson, Vance  M60 Golden West        13.86   -
1.9  3
  3 Girling, Dan     M64 SC Striders        15.75   -
1.9  3
```

Event 2 M65 100 Meter Dash

```
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
  1 Randolph, Henry  M66 Unattached         13.74   -
1.9  3
  2 Ryan, Steve      M68 SC Striders        16.05   -
1.9  3
  3 Stock, Ron       M66 Unattached         19.64   -
1.9  3
```

Event 2 M70 100 Meter Dash

```
=====
=====
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Name	Age	Team	Seed	Finals
Wind H#				
1 Thorpe, Karl	0.8	M70 San Diego Imperi		15.58 -
2 Harwood, Jerrry	0.8	M70 SO Cal		20.05 -

Event 2 M75 100 Meter Dash

Name	Age	Team	Seed	Finals
Wind H#				
1 Cheek, Don	0.8	M79 Unattached		15.91 -
2 Flory, Sam	0.8	M77 SC Striders		16.26 -
3 Rivera, Ben	0.8	M75 Unattached		17.29 -
4 Billings, Phillip	0.8	M77 SO Cal		18.61 -
5 Kishi, Franjk	2.7	M77 SC Striders		19.54 -

Event 2 M80 100 Meter Dash

Name	Age	Team	Seed	Finals
Wind				
1 Bambrook, Paul	2.7	M80 SC Striders		17.31 -
2 Selby, Jim	2.7	M80 SC Striders		20.66 -

Event 2 M85 100 Meter Dash

Name	Age	Team	Seed	Finals
Wind				
1 Patsalis, Tom	2.7	M87 SO Cal		21.95 -

Event 3 W29&U 200 Meter Dash

Name	Age	Team	Seed	Finals
Wind H#				

1	Onyepunuka, Jessica	W26 VS Athletics Tra	25.12	-
2.3	4			
2	Gabler, Blair	W24 Unattached	28.15	-
2.3	4			
3	Anthony, Tianga	W20 Trojan Masters	32.96	-
2.3	4			
4	Quintanilla, Reyna	W24 Unattached	37.04	-
2.3	4			

Event 3 W30 200 Meter Dash

```
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
1 Goldberg, Natania  W30 VS Athletics Tra    32.96   -
2.3 4
```

Event 3 W35 200 Meter Dash

```
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
1 Birade, Dena      W37 SO Cal              26.71   -
0.8 3
```

Event 3 W40 200 Meter Dash

```
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
1 Ford-Fowlks, Alyson W44 Elite Health Tra    35.31   -
0.8 3
```

Event 3 W45 200 Meter Dash

```
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
1 Black, Jai        W46 Unattached          27.22   -
0.8 3
```

Event 3 W50 200 Meter Dash

```
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
```

1	Brown, Leonora	W51 Elite Health Tra	38.64	-
4.0	2			
2	Selby, Debbie	W52 SC Striders	39.71	-
4.0	2			

Event 3 W55 200 Meter Dash

```
=====
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
1 Bowman, Jeanne    W56 SC Striders        33.62   -
4.0 2
2 Braxton, Freddie W59 Trojan Masters     43.61   -
4.0 2
```

Event 3 W70 200 Meter Dash

```
=====
=====
=
Name                Age Team                Seed    Finals
Wind
=====
=====
=
1 Daprano, Jeanne  W72 Atlanta Track Cl   39.27   -
2.6
```

Event 3 W75 200 Meter Dash

```
=====
=====
=
Name                Age Team                Seed    Finals
Wind
=====
=====
=
1 Kuehne, Magdalena W78 SC Striders        46.32   -
2.6
```

Event 4 M29&U 200 Meter Dash

```
=====
=====
=====
Name                Age Team                Seed    Finals
Wind H#
=====
=====
=====
1 Watson, Stallone M20 VS Athletics Tra   23.73   -
1.5 9
2 Sarmiginto, Yusgf M19 Unattached         24.32   -
1.5 9
3 Yayoshi, Greg    M19 Unattached         24.35   -
1.5 9
4 Black, Daniel    M21 SC Striders        24.56   -
1.5 9
```

Event 4 M30 200 Meter Dash

```
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```

Name	Age	Team	Seed	Finals
1 Hom, Marquis	2.9	M30 Unattached		23.21 -
2 Spann, Terrance	2.9	M34 Unattached		23.32 -
3 Comnesso, Joe	2.9	M33 Chino Pumas		26.16 -
4 Watkins, Luqman	2.9	M31 Unattached		26.91 -

Event 4 M40 200 Meter Dash

Name	Age	Team	Seed	Finals
1 Johnson, Undra	2.6	M43 Unattached		26.06 -
2 Gates, Robert	2.6	M40 Unattached		26.81 -
3 Turnage, Felton	2.6	M43 Unattached		28.87 -
3 Brito, Renato	2.6	M44 Unattached		28.87 -

Event 4 M45 200 Meter Dash

Name	Age	Team	Seed	Finals
1 Sullivan, Mike	2.6	M48 Unattached		24.52 -
2 Berry, Kettrell	2.6	M46 Unattached		24.83 -

Event 4 M50 200 Meter Dash

Name	Age	Team	Seed	Finals
1 Chinn, James	1.0	M50 Sprint Force Ame		25.07 -
2 Williams, Charles	1.0	M54 Unattached		26.09 -
3 Cummings, Steve	1.0	M53 Unattached		26.37 -
4 Hockersmith, Dave	2.9	M53 Unattached		26.81 -

5	Llavanes, Rudy	M52 VS Athletics Tra	27.81	-
1.0	6			
6	Crowl, Chip	M54 Unattached	28.15	-
2.9	5			
7	Davis, Mark	M53 Unattached	30.09	-
2.9	5			
8	VanZitter, Peter	M54 SO Cal	31.91	-
2.9	5			

Event 4 M55 200 Meter Dash

=====				
	Name	Age Team	Seed	Finals
Wind H#	=====			
=====				
	1 Leake, Damien	M56 SC Striders	26.31	-
2.9	5			
	2 Richardson, Robert	M56 SC Striders	27.12	-
2.9	5			
	3 Fitzpatrick, Bill	M58 Unattached	29.37	-
2.9	5			
	4 LaCroix, Marcello	M57 TJ Dukla	40.72	-
2.9	5			

Event 4 M60 200 Meter Dash

=====				
	Name	Age Team	Seed	Finals
Wind H#	=====			
=====				
	1 Pruitt, Matthews	M63 Golden West	28.23	-
3.5	3			
	2 Jacobson, Vance	M60 Golden West	29.07	-
0.8	4			
	3 Girling, Dan	M64 SC Striders	35.12	-
3.5	3			
	4 Melendez, Steve	M60 SC Striders	1:11.52	-
0.8	4			

Event 4 M65 200 Meter Dash

=====				
	Name	Age Team	Seed	Finals
Wind H#	=====			
=====				
	1 Randolph, Henry	M66 Unattached	29.92	-
3.5	3			
	2 Strouse, Frank	M68 Golden West	30.71	-
3.5	3			
	3 Brooks, Mel	M69 Unattached	31.86	-
3.5	3			
	4 Ryan, Steve	M68 SC Striders	35.23	-
3.5	3			

5 Muranaka, Ron M65 SC Striders 35.62 -  
3.5 3

Event 4 M70 200 Meter Dash

=====  
Name Age Team Seed Finals  
Wind H#  
=====  
1 Carrington, Jessie M73 Unattached 32.12 -  
3.6 2  
2 Thorpe, Karl M70 San Diego Imperi 32.24 -  
3.6 2

Event 4 M75 200 Meter Dash

=====  
Name Age Team Seed Finals  
Wind H#  
=====  
1 Cheek, Don M79 Unattached 34.05 -  
3.6 2  
2 Flory, Sam M77 SC Striders 35.85 -  
3.6 2  
3 Rivera, Ben M75 Unattached 37.25 -  
3.6 2  
4 Billings, Phillip M77 SO Cal 42.62 -  
3.6 2  
5 Kishi, Franjk M77 SC Striders 43.52 -  
3.6 2

Event 4 M80 200 Meter Dash

=====  
Name Age Team Seed Finals  
Wind  
=====  
1 Bambrook, Paul M80 SC Striders 40.62 -  
2.8  
2 Selby, Jim M80 SC Striders 43.83 -  
2.8

Event 5 W29&U 400 Meter Dash

=====  
Name Age Team Seed Finals  
=====  
1 Panteau, April W24 VS Athletics Tra 57.44

Event 5 W30 400 Meter Dash

=====  
Name Age Team Seed Finals  
=====  
1 Goldberg, Natania W30 VS Athletics Tra 1:11.40

Event 5 W45 400 Meter Dash

Name	Age Team	Seed	Finals
1 Black, Jai	W46 Unattached		58.71

Event 5 W50 400 Meter Dash

Name	Age Team	Seed	Finals
1 Chaplin-Swam, Lesley	W51 Atlanta Track Cl		1:13.08
2 Selby, Debbie	W52 SC Striders		1:35.25

Event 5 W55 400 Meter Dash

Name	Age Team	Seed	Finals
1 Hanscom, Rita	W55 Unattached		1:06.51

Event 6 M29&U 400 Meter Dash

Name	Age Team	Seed	Finals	H#
1 Auerbach, Ben	M25 VS Athletics Tra		49.89	3
2 Watson, Stallone	M20 VS Athletics Tra		50.89	3
3 Jones, Stirley	M23 SC Striders		52.22	3

Event 6 M30 400 Meter Dash

Name	Age Team	Seed	Finals	H#
1 Spann, Terrance	M34 Unattached		49.40	3
2 Chambers, Keith	M30 Unattached		51.92	3

Event 6 M35 400 Meter Dash

Name	Age Team	Seed	Finals	H#
1 Diedrick, Joseph	M39 Elite Health Tra		59.12	3

Event 6 M40 400 Meter Dash

Name	Age Team	Seed	Finals	H#
1 Gates, Robert	M40 Unattached		55.78	3
2 Middlebrooks, Levy	M43 Unattached		1:11.98	3

Event 6 M45 400 Meter Dash

Name	Age Team	Seed	Finals	H#
1 Rossow, Willy	M46 Unattached		57.04	2
2 Lucas, David	M49 SO Cal		1:01.80	2

Event 6 M50 400 Meter Dash

Name	Age Team	Seed	Finals	H#
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1	Chinn, James	M50	Sprint Force Ame	54.06	2
2	Cummings, Steve	M53	Unattached	58.29	2
3	Llavanes, Rudy	M52	VS Athletics Tra	1:02.04	2
4	Hecker, Andrew	M54	Unattached	1:09.62	2

Event 6 M55 400 Meter Dash

Name	Age	Team	Seed	Finals	H#
1	LaCroix, Marcello	M57	TJ Dukla	1:25.65	2

Event 6 M60 400 Meter Dash

Name	Age	Team	Seed	Finals
1	Pruitt, Matthews	M63	Golden West	1:05.45

Event 6 M65 400 Meter Dash

Name	Age	Team	Seed	Finals
1	Strouse, Frank	M68	Golden West	1:06.65
2	Brooks, Mel	M69	Unattached	1:08.80

Event 6 M80 400 Meter Dash

Name	Age	Team	Seed	Finals
1	Selby, Jim	M80	SC Striders	1:48.08

Event 7 W29&U 800 Meter Dash

Name	Age	Team	Seed	Finals
1	Goildersleeve, Kimberly	W28	Unattached	2:09.99
2	Seldon, Glemis	W23	VS Athletics Tra	2:30.35

Event 7 W35 800 Meter Dash

Name	Age	Team	Seed	Finals
1	McDonald, Christol	W36	Unattached	2:12.85

Event 7 W45 800 Meter Dash

Name	Age	Team	Seed	Finals
1	Ford, Vickie	W48	Elite Health Tra	3:06.89
2	Bradford, Phyllis	W47	Elite Health Tra	3:16.86

Event 7 W50 800 Meter Dash

Name	Age	Team	Seed	Finals
1	Lee, Debbie	W52	SO Cal	2:41.14
2	Chaplin-Swam, Lesley	W51	Atlanta Track Cl	2:52.48

## Event 7 W70 800 Meter Dash

Name	Age Team	Seed	Finals
1 Daprano, Jeanne	W72 Atlanta Track Cl		3:18.60

## Event 8 M29&amp;U 800 Meter Dash

Name	Age Team	Seed	Finals	H#
1 Lopez, Jivanna	M23 VS Athletics Tra		2:04.09	2
-- Collins, John	M25 VS Athletics Tra		NT	2

## Event 8 M30 800 Meter Dash

Name	Age Team	Seed	Finals	H#
1 Romero, Angel	M32 Unattached		2:03.31	2

## Event 8 M35 800 Meter Dash

Name	Age Team	Seed	Finals	H#
1 Colletti, Jon	M36 SO Cal		2:04.99	2
2 Givens, Barry	M35 SO Cal		2:14.68	2

## Event 8 M45 800 Meter Dash

Name	Age Team	Seed	Finals	H#
1 McDuffrie, Allen	M47 Unattached		2:01.64	2
2 Rossow, Willy	M46 Unattached		2:11.20	2
3 Dietz, Mike	M45 Unattached		2:16.72	1
4 Nesbit, Robert	M45 Club North West		2:22.65	2
5 Gallego, Oliver	M47 Elite Health Tra		2:25.57	2

## Event 8 M50 800 Meter Dash

Name	Age Team	Seed	Finals
1 Cleary, Mark	M50 SO Cal		2:21.98
2 Triplett, Jim	M51 Santa Barbara At		2:23.73

## Event 8 M55 800 Meter Dash

Name	Age Team	Seed	Finals
1 Forrester, Perry	M56 Team Running Hig		2:24.10
2 Shapiro, Gary	M57 Unattached		2:27.28

## Event 8 M80 800 Meter Dash

Name	Age Team	Seed	Finals
1 Holmes, Bob	M80 San Diego Imperi		4:03.86
2 Selby, Jim	M80 SC Striders		4:20.67

## Event 9 W29&amp;U 1500 Meter Dash

Name	Age Team	Seed	Finals
1 Burger, Shanna	W24 VS Athletics Tra		4:58.29

## Event 9 W40 1500 Meter Dash

Name	Age Team	Seed	Finals
1 Thornton, Sined	W44 Unattached		5:18.97

## Event 9 W45 1500 Meter Dash

Name	Age Team	Seed	Finals
1 Gae, Triplett	W46 Santa Barbara At		5:39.09
2 Ford, Vickie	W48 Elite Health Tra		6:12.39
3 Bradford, Phyllis	W47 Elite Health Tra		6:41.64

## Event 9 W50 1500 Meter Dash

Name	Age Team	Seed	Finals
1 Lee, Debbie	W52 SO Cal		5:20.23
2 Liu, Yayoi	W52 Cal Coast Track		5:42.63

## Event 10 M35 1500 Meter Dash

Name	Age Team	Seed	Finals
1 Givens, Barry	M35 SO Cal		4:27.37
2 Ramirez, Juan	M38 Unattached		4:28.98

## Event 10 M45 1500 Meter Dash

Name	Age Team	Seed	Finals
1 Gallego, Oliver	M47 Elite Health Tra		4:43.86

## Event 10 M50 1500 Meter Dash

Name	Age Team	Seed	Finals
1 Howell, Terry	M53 Unattached		4:30.90
2 Duncanson, Rob	M53 Unattached		4:39.46
3 Cleary, Mark	M50 SO Cal		4:47.50
4 Triplett, Jim	M51 Santa Barbara At		4:47.91
5 DeCollibus, Angelo	M52 Unattached		5:08.28
6 Hemmings, William	M52 Unattached		5:19.85

## Event 10 M55 1500 Meter Dash

Name	Age Team	Seed	Finals
1 Forrester, Perry	M56 Team Running Hig		4:48.56

2	Pearson, Paul	M58	Unattached	4:56.83
3	Velazquez, Hugo	M58	Unattached	5:12.23

Event 10 M60 1500 Meter Dash

Name	Age	Team	Seed	Finals
-- Lindsley, Fred	M64	Unattached		NT

Event 10 M80 1500 Meter Dash

Name	Age	Team	Seed	Finals
1 Holmes, Bob	M80	San Diego Imperi		8:23.33
2 Koch, Bob	M82	Unattached		8:27.40

Event 11 W29&U 3000 Meter Dash

Name	Age	Team	Seed	Finals
1 Burger, Shanna	W24	VS Athletics Tra		10:33.32
2 Conley, Laura	W27	VS Athletics Tra		10:43.56

Event 12 M29&U 3000 Meter Dash

Name	Age	Team	Seed	Finals
1 Sorenson, David	M21	VS Athletics Tra		8:59.93
2 Ojeda, David	M29	VS Athletics Tra		9:37.33

Event 12 M35 3000 Meter Dash

Name	Age	Team	Seed	Finals
1 Ramirez, Juan	M38	Unattached		9:43.82

Event 12 M40 3000 Meter Dash

Name	Age	Team	Seed	Finals
1 Cushing-Murray, Christia	M41	Fluffy Bunny Tra		8:47.62

Event 12 M45 3000 Meter Dash

Name	Age	Team	Seed	Finals
1 Magill, Peter	M47	Fluffy Bunny Tra		8:47.93
2 Gallego, Oliver	M47	Elite Health Tra		10:07.86

Event 12 M50 3000 Meter Dash

Name	Age	Team	Seed	Finals
1 Gutierrez, Leonel	M53	Unattached		11:40.24
-- DeCollibus, Angelo	M52	Unattached		DNF

Event 12 M55 3000 Meter Dash

Name	Age Team	Seed	Finals
1 Forrester, Perry	M56 Team Running Hig		10:16.99
-- Lassegard, Steve	M56 Unattached		DNF

Event 12 M80 3000 Meter Dash

Name	Age Team	Seed	Finals
1 Koch, Bob	M82 Unattached		14:59.89

Event 13 W35 High Jump

Name	Age Team	Seed	Finals
1 Albright, Lori	W36 Unattached		1.64m

Event 13 W40 High Jump

Name	Age Team	Seed	Finals
1 Martin, Leslie	W40 Highlander Maste		1.35m

Event 13 W50 High Jump

Name	Age Team	Seed	Finals
1 Vaughn, Karen	W51 Unattached		1.05m
-- Bracy, Tracey	W52 SO Cal		NH

Event 13 W60 High Jump

Name	Age Team	Seed	Finals
1 Glass, Latanya	W62 SC Striders		1.05m
-- Steekelenburg, Annelies	W60 SC Striders		NH

Event 14 M45 High Jump

Name	Age Team	Seed	Finals
1 Berezovski, Victor	M49 Unattached		1.70m
-- Miller, Mark	M49 Unattached		NH

Event 14 M50 High Jump

Name	Age Team	Seed	Finals
1 Hlavin, Peter	M51 SO Cal		1.80m
2 Weeks, Don	M54 Future Track		1.65m
3 Meisler, Jason	M54 Trojan Masters		1.60m
3 Niroumand, Mahmoud	M52 SO Cal		1.60m

Event 14 M55 High Jump

Name	Age Team	Seed	Finals
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2 Morris, Steve M59 Club West Track 3.20m

Event 16 M65 Pole Vault

Name	Age Team	Seed	Finals
-- Morris, Michael	M65 Unattached		NH

Event 16 M70 Pole Vault

Name	Age Team	Seed	Finals
1 Woodring, Tom	M72 Club West Track		2.75m

Event 16 M80 Pole Vault

Name	Age Team	Seed	Finals
-- Holmes, Bob	M80 San Diego Imperi		NH

Event 17 W35 Long Jump

Name	Age Team	Seed	Finals
1 Nesbit, Janelle	W37 Unattached		2.85m

1.6

Event 17 W50 Long Jump

Name	Age Team	Seed	Finals
1 Bracy, Tracey	W52 SO Cal		2.91m

1.7

Event 17 W55 Long Jump

Name	Age Team	Seed	Finals
1 Cohn, Linda	W56 SC Striders		3.95m

1.4

Event 17 W75 Long Jump

Name	Age Team	Seed	Finals
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1 Kuehne, Magdalena W78 SC Striders 2.74m  
2.0

Event 18 M35 Long Jump

=====  
= Name Age Team Seed Finals  
Wind  
=====  
= 1 Pittman, Chris M36 SO Cal 3.75m  
2.5  
-- Jensen, Scott M37 SO Cal ND  
NWI

Event 18 M45 Long Jump

=====  
= Name Age Team Seed Finals  
Wind  
=====  
= 1 Biggers, Kevin M47 Unattached 5.15m  
3.1

Event 18 M50 Long Jump

=====  
= Name Age Team Seed Finals  
Wind  
=====  
= 1 Niroumand, Mahmoud M52 SO Cal 5.21m  
1.3  
2 Crowl, Chip M54 Unattached 4.70m  
1.7

Event 18 M55 Long Jump

=====  
= Name Age Team Seed Finals  
Wind  
=====  
= 1 Fitzpatrick, Bill M58 Unattached 4.40m  
2.9  
2 Pittman, Patrick M56 Trojan Masters 3.78m  
1.8  
3 LaCroix, Marcello M57 TJ Dukla 1.85m  
1.2

Event 18 M60 Long Jump

=====  
= Name Age Team Seed Finals  
Wind

	1	Rinaldi, Angelo	M60	Unattached		3.69m
1.9						
	2	Dyson, Stanley	M60	Unattached		3.51m
1.5						

Event 18 M65 Long Jump

	Name	Age	Team	Seed	Finals	
Wind						
	1	Dvorak, Donald	M67	Unattached		4.13m
2.1						
	2	Damschen, Ron	M66	Unattached		3.14m
1.4						
	--	Rowan, Terry	M68	Unattached		ND
NWI						

Event 18 M70 Long Jump

	Name	Age	Team	Seed	Finals	
Wind						
	1	Bergen, Bert	M71	Unattached		3.66m
1.2						
	2	Harwood, Jerry	M70	SO Cal		2.82m
2.0						

Event 18 M75 Long Jump

	Name	Age	Team	Seed	Finals	
Wind						
	1	Leis, Don	M77	SC Striders		3.05m
2.6						

Event 18 M85 Long Jump

	Name	Age	Team	Seed	Finals	
Wind						
	1	Patsalis, Tom	M87	SO Cal		2.69m
2.1						

Event 19 W55 Triple Jump

=

Name	Age Team	Seed	Finals
------	----------	------	--------

Wind

=====

=

1 Cohn, Linda	W56 SC Striders		8.62m
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2.1

Event 19 W75 Triple Jump

=====

=

Name	Age Team	Seed	Finals
------	----------	------	--------

Wind

=====

=

1 Kuehne, Magdalena	W78 SC Striders		5.93m
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1.7

Event 20 M35 Triple Jump

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Name	Age Team	Seed	Finals
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Wind

=====

=

1 Pittman, Chris	M36 SO Cal		7.24m
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1.9

Event 20 M50 Triple Jump

=====

=

Name	Age Team	Seed	Finals
------	----------	------	--------

Wind

=====

=

1 Niroumand, Mahmoud	M52 SO Cal		11.10m
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1.5

2 Villa, Dario	M50 Unattached		9.60m
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2.6

Event 20 M55 Triple Jump

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Name	Age Team	Seed	Finals
------	----------	------	--------

Wind

=====

=

1 Tiff, Milan	M59 Trojan Masters		11.87m
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3.5

2 Pittman, Patrick	M56 Trojan Masters		9.43m
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2.9

3 LaCroix, Marcello	M57 TJ Dukla		5.60m
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2.2

Event 20 M65 Triple Jump

=====

=

Name	Age Team	Seed	Finals
Wind			
=====			
=			
1 Dvorak, Donald	M67 Unattached		9.17m
0.8			
2 Damschen, Ron	M66 Unattached		7.30m
2.3			
-- Rowan, Terry	M68 Unattached		ND
NWI			

Event 20 M70 Triple Jump

Name	Age Team	Seed	Finals
Wind			
=====			
=			
1 Harwood, Jerry	M70 SO Cal		5.30m
1.5			

Event 20 M85 Triple Jump

Name	Age Team	Seed	Finals
Wind			
=====			
=			
1 Patsalis, Tom	M87 SO Cal		6.43m
2.6			

Event 21 W29&U Discus Throw

Name	Age Team	Seed	Finals
1 Genisanski, Melissa	W22 VS Athletics Tra		45.05m

Event 21 W35 Discus Throw

Name	Age Team	Seed	Finals
1 Rector, Tiffany	W37 SO Cal		22.79m
2 Nesbit, Janelle	W37 Unattached		13.32m
3 Nelson, Trinidad	W39 Unattached		12.08m

Event 21 W50 Discus Throw

Name	Age Team	Seed	Finals
1 Dunton, Linn	W52 Unattached		25.24m
2 Stone, Christine	W54 SC Striders		13.05m

Event 21 W55 Discus Throw

Name	Age Team	Seed	Finals
1 Cohn, Linda	W56 SC Striders		26.46m

## Event 21 W60 Discus Throw

Name	Age Team	Seed	Finals
1 Steekelenburg, Annelies	W60 SC Striders		18.75m

## Event 21 W65 Discus Throw

Name	Age Team	Seed	Finals
1 Bergen, Kathy	W69 SC Striders		19.17m

## Event 21 W75 Discus Throw

Name	Age Team	Seed	Finals
1 Brannigan, Ellen	W75 SC Striders		15.59m
2 Kuehne, Magdalena	W78 SC Striders		11.52m

## Event 22 M35 Discus Throw

Name	Age Team	Seed	Finals
1 Nelson, Troy	M37 SO Cal		32.48m
2 Pittman, Chris	M36 SO Cal		16.24m

## Event 22 M45 Discus Throw

Name	Age Team	Seed	Finals
1 Hill, Steven	M47 Unattached		25.25m

## Event 22 M50 Discus Throw

Name	Age Team	Seed	Finals
1 Fruguglietti, Ralph	M54 SO Cal		55.02m
2 Kohaut, Harry	M50 Golden West		43.12m

## Event 22 M55 Discus Throw

Name	Age Team	Seed	Finals
1 Althouse, Gerald	M56 Unattached		34.72m
2 Fraseer, James	M56 Unattached		33.82m
3 Morris, Robert	M59 Unattached		31.34m
4 LaCroix, Marcello	M57 TJ Dukla		13.95m

## Event 22 M60 Discus Throw

Name	Age Team	Seed	Finals
1 Deeter, Bill	M62 Unattached		32.42m

## Event 22 M65 Discus Throw

Name	Age Team	Seed	Finals
1 Damschen, Ron	M66 Unattached		34.31m

Event 22 M70 Discus Throw

Name	Age Team	Seed	Finals
1 Rosen, Alan	M73 Unattached		31.05m
2 Harwood, Jerry	M70 SO Cal		26.16m
3 Ginsburg, Marvin	M73 Unattached		25.75m

Event 23 W29&U Hammer Throw

Name	Age Team	Seed	Finals
1 Popp, Shannon	W24 VS Athletics Tra		57.88m
2 Kraychir, Casey	W18 VS Athletics Tra		54.43m
3 Genisanski, Melissa	W22 VS Athletics Tra		54.35m
4 Kraychir, Katie	W16 VS Athletics Tra		50.54m

Event 23 W35 Hammer Throw

Name	Age Team	Seed	Finals
1 Nelson, Trinidad	W39 Unattached		13.52m

Event 24 M29&U Hammer Throw

Name	Age Team	Seed	Finals
1 Haitt, Vincent	M19 Unattached		51.68m
2 Durham, Andy	M19 Unattached		49.14m
3 Gesser, Thomas	M18 Unattached		47.75m

Event 24 M35 Hammer Throw

Name	Age Team	Seed	Finals
1 Nelson, Troy	M37 SO Cal		34.01m
2 Pittman, Chris	M36 SO Cal		20.03m

Event 24 M45 Hammer Throw

Name	Age Team	Seed	Finals
1 Parsons, Douglas	M48 SO Cal		41.73m

Event 24 M55 Hammer Throw

Name	Age Team	Seed	Finals
1 Meyer, Thomas	M57 SO Cal		40.69m
2 Morris, Robert	M59 Unattached		20.64m

Event 24 M60 Hammer Throw

Name	Age Team	Seed	Finals
1 Deeter, Bill	M62 Unattached		26.20m

Event 24 M70 Hammer Throw

Name	Age Team	Seed	Finals
1 Harwood, Jerry	M70 SO Cal		26.38m

Event 24 M85 Hammer Throw

Name	Age Team	Seed	Finals
1 Lampert, Sy	M89 Unattached		20.12m

Event 25 W29&U Javelin Throw

Name	Age Team	Seed	Finals
1 Gabler, Blair	W24 Unattached		29.93m

Event 25 W35 Javelin Throw

Name	Age Team	Seed	Finals
1 Rector, Tiffany	W37 SO Cal		22.01m
2 Nesbit, Janelle	W37 Unattached		13.98m

Event 25 W50 Javelin Throw

Name	Age Team	Seed	Finals
1 Dunton, Linn	W52 Unattached		33.67m
2 Vaugh, Karen	W51 Unattached		21.87m
-- Stone, Christine	W54 SC Striders		ND

Event 25 W55 Javelin Throw

Name	Age Team	Seed	Finals
1 Cohn, Linda	W56 SC Striders		35.97m

Event 25 W65 Javelin Throw

Name	Age Team	Seed	Finals
1 Bergen, Kathy	W69 SC Striders		22.19m

Event 25 W75 Javelin Throw

Name	Age Team	Seed	Finals
1 Brannigan, Ellen	W75 SC Striders		15.48m
2 Kuehne, Magdalena	W78 SC Striders		9.46m

Event 26 M35 Javelin Throw

Name	Age Team	Seed	Finals
1 Jensen, Scott	M37 SO Cal		36.64m

Event 26 M45 Javelin Throw

Name	Age Team	Seed	Finals
1 Barry, James	M49 Unattached		39.24m
2 Miller, Mark	M49 Unattached		36.79m

Event 26 M50 Javelin Throw

Name	Age Team	Seed	Finals
1 Niroumand, Mahmoud	M52 SO Cal		44.04m

Event 26 M55 Javelin Throw

Name	Age Team	Seed	Finals
1 Morris, Robert	M59 Unattached		40.61m
2 Tipping, Mike	M56 SO Cal		36.56m
3 LaCroix, Marcello	M57 TJ Dukla		18.04m

Event 26 M60 Javelin Throw

Name	Age Team	Seed	Finals
1 Powers, Bob	M60 Unattached		51.40m
2 Schneider, John	M63 Unattached		44.33m
3 Rook, Ron	M60 Trojan Masters		38.00m

Event 26 M65 Javelin Throw

Name	Age Team	Seed	Finals
1 Damschen, Ron	M66 Unattached		30.16m

Event 26 M70 Javelin Throw

Name	Age Team	Seed	Finals
1 Harwood, Jerry	M70 SO Cal		21.93m

Event 26 M75 Javelin Throw

Name	Age Team	Seed	Finals
1 Smith, Ernie	M75 SC Striders		19.57m

Event 26 M80 Javelin Throw

Name	Age Team	Seed	Finals
1 Trefry, Allan	M80 SO Cal		26.90m

## Event 28 M30 Shot Put

Name	Age Team	Seed	Finals
1 Rainis, Mike	M30 SO Cal		16.27m

## Event 28 M35 Shot Put

Name	Age Team	Seed	Finals
1 Villa, Din	M35 Unattached		10.85m
2 Nelson, Troy	M37 SO Cal		10.44m
3 Diedrick, Joseph	M39 Elite Health Tra		9.22m
4 Pittman, Chris	M36 SO Cal		8.02m

## Event 28 M50 Shot Put

Name	Age Team	Seed	Finals
1 Johnson, Rodney	M50 SC Striders		9.66m

## Event 28 M55 Shot Put

Name	Age Team	Seed	Finals
1 Althouse, Gerald	M56 Unattached		11.61m
2 Davidson, Bart	M55 Unattached		9.76m
3 Fraseer, James	M56 Unattached		9.23m
4 Morris, Robert	M59 Unattached		8.87m

## Event 28 M60 Shot Put

Name	Age Team	Seed	Finals
1 Deeter, Bill	M62 Unattached		12.89m
2 Abatzglou, Theagenis	M62 Unattached		12.07m
3 Dyson, Stanley	M60 Unattached		11.53m
-- Rinaldi, Angelo	M60 Unattached		ND

## Event 28 M65 Shot Put

Name	Age Team	Seed	Finals
1 Damschen, Ron	M66 Unattached		8.53m

## Event 28 M70 Shot Put

Name	Age Team	Seed	Finals
1 Ginsburg, Marvin	M73 Unattached		10.34m
2 Harwood, Jerrry	M70 SO Cal		10.25m
3 Rosen, Alan	M73 Unattached		8.57m

## Event 28 M75 Shot Put

Name	Age Team	Seed	Finals
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1	Smith, Ernie	M75	SC Striders		9.50m
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Event 28 M85 Shot Put

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Name	Age	Team	Seed	Finals
1	Lampert, Sy	M89	Unattached	6.77m

Event 29 W29&U Shot Put

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Name	Age	Team	Seed	Finals
1	Genisanski, Melissa	W22	VS Athletics Tra	12.23m
2	Popp, Shannon	W24	VS Athletics Tra	11.24m
3	Gabler, Blair	W24	Unattached	10.58m

Event 29 W35 Shot Put

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Name	Age	Team	Seed	Finals
1	Rector, Tiffany	W37	SO Cal	8.97m
2	Nelson, Trinidad	W39	Unattached	5.48m

Event 29 W45 Shot Put

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Name	Age	Team	Seed	Finals
1	Hodges, Mary	W45	Unattached	6.74m

Event 29 W50 Shot Put

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Name	Age	Team	Seed	Finals
1	Dunton, Linn	W52	Unattached	11.02m
2	Vaugh, Karen	W51	Unattached	9.67m
3	Stone, Christine	W54	SC Striders	5.76m

Event 29 W55 Shot Put

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Name	Age	Team	Seed	Finals
1	Cohn, Linda	W56	SC Striders	9.28m

Event 29 W60 Shot Put

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Name	Age	Team	Seed	Finals
1	Glass, Latanya	W62	SC Striders	9.09m

Event 29 W65 Shot Put

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Name	Age	Team	Seed	Finals
1	Perry, Hattie	W66	Unattached	5.79m

Event 29 W75 Shot Put

Name	Age Team	Seed	Finals
1 Kuehne, Magdalena	W78 SC Striders		5.45m

Event 30 M35 Weight Throw

Name	Age Team	Seed	Finals
1 Nelson, Troy	M37 SO Cal		10.81m
2 Pittman, Chris	M36 SO Cal		6.69m

Event 30 M45 Weight Throw

Name	Age Team	Seed	Finals
1 Parsons, Douglas	M48 SO Cal		12.96m

Event 30 M55 Weight Throw

Name	Age Team	Seed	Finals
1 Meyer, Thomas	M57 SO Cal		15.54m

Event 30 M60 Weight Throw

Name	Age Team	Seed	Finals
1 Deeter, Bill	M62 Unattached		11.79m

Event 30 M70 Weight Throw

Name	Age Team	Seed	Finals
1 Harwood, Jerry	M70 SO Cal		8.22m

Event 31 W29&U Weight Throw

Name	Age Team	Seed	Finals
1 Popp, Shannon	W24 VS Athletics Tra		17.04m

Event 31 W35 Weight Throw

Name	Age Team	Seed	Finals
1 Nelson, Trinidad	W39 Unattached		3.63m

Event 32 M29&U 400 Long Hurdles

Name	Age Team	Seed	Finals
1 Workman, Bobby	M20 Unattached		54.52
2 Yayoshi, Greg	M19 Unattached		58.61

Event 32 M40 400 Long Hurdles

Name	Age Team	Seed	Finals
-- Birade, Laurent	M42 SO Cal		NT

Event 32 M50 400 Long Hurdles

Name	Age Team	Seed	Finals
1 Cummings, Steve	M53 Unattached		1:07.34

Event 34 M60 300 Long Hurdles

Name	Age Team	Seed	Finals
1 Jacobson, Vance	M60 Golden West		57.68

Event 45 M50 100 Short Hurdles

Name	Age Team	Seed	Finals
Wind H#			
1 Duhon, BJ	M50 Unattached		14.58 -
2.4 2			
2 Niroumand, Mahmoud	M52 SO Cal		16.61 -
2.4 2			
3 Crawl, Chip	M54 Unattached		18.84 -
2.4 2			
4 Hecker, Andrew	M54 Unattached		19.83 -
2.4 2			
5 Davison, Jeff	M51 SO Cal		19.92 -
2.4 2			

Event 45 M55 100 Short Hurdles

Name	Age Team	Seed	Finals
Wind H#			
1 Bolling, Ron	M57 Unattached		17.30 -
2.4 2			

Event 45 M60 100 Short Hurdles

Name	Age Team	Seed	Finals
Wind			
1 Dyson, Stanley	M60 Unattached		24.33 -
1.1			

Event 45 M65 100 Short Hurdles

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=
Name                Age Team                Seed    Finals
Wind
=====

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=
1 Niedermeyer, Fred      M69 SC Striders          22.55  -
1.1

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Event 46 W29&U 100 Short Hurdles

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=====
=
Name                Age Team                Seed    Finals
Wind
=====

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=
1 Davis, Candice        W23 Unattached           13.97  -
1.3

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Event 49 M29&U 110 Short Hurdles

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=====
=
Name                Age Team                Seed    Finals
Wind
=====

```

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=
1 Kelley, Kai           M22 Unattached           14.04  -
1.3

```

Event 49 M40 110 Short Hurdles

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=====
=
Name                Age Team                Seed    Finals
Wind
=====

```

```

=
1 Holmes, Richard       M41 SO Cal               16.34  -
1.3

```

Event 51 M60 4x100 Meter Relay

```

=====
=
Team                Seed    Finals
=====
1 Golden West 'A'          56.55
  1) Jacobson, Vance 60    2) Pruitt, Matthews 63
  3) Strouse, Frank 68     4) Brooks, Mel 69

```

Event 53 X29&U 4x100 Meter Relay

```

=====
=
Team                Seed    Finals
=====
1 Unattached 'A'          48.31
  1) Sarmiginto, Yusgf 19  2) Hom, Marquis 30
  3) Yayoshi, Greg 19     4) Anthony, Tianga 20

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