

## 51 YEARS OF STRIDER'S PRIDE

**C**harlotte, North Carolina according to all that attended was the hottest ever! Temperatures raised to over 100 degrees forcing the NC fire department to shutdown the competition. Despite the unbearable temperatures the Southern California Striders rose to the challenge.

### Results:

100 meters

1<sup>st</sup> place: Stan Whitley M 60,

Kathy Bergen W 65

3<sup>rd</sup> place: Doug Smith M 65,

6<sup>th</sup> place: Lorraine Tucker W55

7<sup>th</sup> place: Jim Selby M75

200 meters:

1<sup>st</sup> place: Stan Whitley M60,

Kathy Bergen W 65, Gerry Davidson W85

3<sup>rd</sup> place: Doug Smith M 65

400 meters:

1<sup>st</sup> place: Gerry Davidson W85

2<sup>nd</sup> place: Stan Whitley M 60

3<sup>rd</sup> place: Jim Selby M 75

800 meters:

1<sup>st</sup> place: Gerry Davidson W85

1500 meters

1<sup>st</sup> place: Gerry Davidson W85

2<sup>nd</sup> place: Jim Selby M75

High Jump:

1st place: Kathy Bergen W65

Shot Put:

1<sup>st</sup> place: Arnie Gaynor

Hammer

1<sup>st</sup> place: Arnie Gaynor

Javelin:

3<sup>rd</sup> place: Arnie Gaynor

4<sup>th</sup> place: Kathy Bergen

Congratulations to all of the Champions!



**T**he Annual Awards Banquet was held again this year at the very Elegant Foxfire Restaurant.

Ron Allice was our keynote speaker who spoke about track and field then and now. He shared with the group his experiences as the head Track and Field coach at USC. We were truly honored to hear Ron's speech. In addition to an enlighten speech, Ron brought with him Track and Field annuals dating back to 1948. Many striders were able to locate their records from back in the days. What a treat?

Kathy Bergen, Jeanne Bowman, Ellen Brannigan, Gerry Davidson, Bob Davidson, Al Escobosa, Raymond Fitzhugh, Francis Kishi, Magdalena Kuehne, Arnold Gaynor, Lee Gillespie, Kathy Jaeger, Don Leis, Patrick Lyon, Ron Muranaka, Rick Muth, Willie Roberson, Michael Rubino, Debbie Selby, Jim Selby, Doug Smith, Annelies Steekelenbury, Christina Stone, Roger Tsuda, Lorraine Tucker, Johnnye Valien, Theo Vitz, Stan

Whitley, and Brenda Matthews were among the Striders recognized for demonstrating their Strider's Pride at Western Regional, National Indoor and Outdoor Champions.

Debbie Selby received the Runagade Award. This reward recognizes an athlete's determination, and hard work to compete no matter the challenge.

Jeanne Bowman was rewarded female athlete of the year.

Stan Whitley was awarded top male athlete of the year.

Kathy Bergen walked away with the top honor of the night as she received the Dr. Robert Watanabe award.

## **MASTERS AGE GROUP ATHLETES OF THE YEAR**

Special recognition to the Striders who was recognized by USATF as masters age group athletes of the year:

- ◆ **Antwon Dussett M30-34 - Track**
- ◆ **Stan Whitley M60-64- Track**
- ◆ **Kathy Bergen W65-69 -Track**
- ◆ **Magdalena Kuehne W75-59- Track**
- ◆ **Johnny Valien W80-84 - Field**
- ◆ **Gerry Davidson W85-89 - Track**

### **So it is with life:**

**"H**ow many people besides athletes have the courage to display their weaknesses as well as their strengths before thousands of people? Nowhere else but in the sports world does one dare to lose so often, hope to win so much, try over and over so many times for perfection, or give so much so often.

The athlete knows the price of excellence, the worth of pain, the desirability of joy and the self's ability to achieve.

To learn to compete well is to learn to live well, for not only is competition a way of life – it is life.

Only those who dare to accept the bad with the good, the work with the fun, the sorrow with the happiness, and the defeats with the victories, will ever achieve or accomplish much in the sports world. So it is with life."

## **FEATURE TRACK MEETS**

**March 10, 2007,** Soka University Peace Invitational, Soka University, Aliso Viejo, CA Karla Bailey 949-480-4479

**March 23-25, 2007-** USA Masters Indoor Championships, Boston, MA USATF- NE 617-566-7600

**April 1, 2007-** John Ward Masters Meet, Santa Ana College, Al Sidon 714-564-7600

**April 7, 2007,-** So Cal Track Club Masters Meet, CSU Long Beach, Mark Cleary 949-589-0242

**May 19, 2007 –** Striders' Meet of Champions, CSULB, Brenda Matthews 714- 779-3416

**June 2, 2007 –** California State Senior Games, Cal Tech Pasadena, Cynthia Rosedale 626-685-6754

**June 9, 2007 –** SCA Masters Championships, Inland Empire, Andrew Hecker 805-642-3879

**June 30 2007,** USATF San Diego Masters, CSU San Marcos, Kettrell Berry 619-795-7050

**June 30- July 8, 2007** Humana National Senior Games – Senior Olympics, Louisville, KY

**July 8, 2007** Trojan Masters, USC Eugene Driver 323-753-1867.

**August 2-5, 2007,** USA National Masters Outdoor T & F Championships, U. of Maine, Orono, ME 04469. Rolland Ranson, 207-521-1077

**September 4-15, 2007,** WMA, Riccione, Italy, WMA2007.org

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